

Fall is Approaching, Swiftly

Nothing brings more joy to a Kiwanis heart than a program that provides special opportunities to young people. As the banner

picture shows,
Liam Hughes
brought us a
flock of
SWIFTS, in the
midst of their
migration It's a
youth basketball
program from
England that was
here to play and
learn with their





coach **Steve Pearl**. Organized basketball sports teams are not as common in England and this team is very special indeed. They just won the under-16 girls' championship competition this year. Oh, and one other important connection: **Steve** was also **Liam's** basketball coach when **Liam** was 14 years old, and lived in Essex, in the UK.

Year End is Near

With the Kiwanis year that runs from October to September, we are nearly at the



end of another spectacular year of service in our community. President **Suzanne** has led us masterfully and now she can pass the club leadership to a new team headed by incoming president **Doug Wills.** Some Board of Directors positions will change and it's a great time for all of us to sign up for those projects that are our personal passions. If you will be continuing, contact your Board and tell them to count on your again in the new year. If you want a new challenge, there will be many exciting opportunities to try something new (check with *almost-president-Doug* for a list).

We will be installing our new officers and recognizing this year's great performances at our Installation event which will be on October 2 at the Sisters Rodeo grounds (indoors). It's a lot of fun, plan to be there.

From the President



Dear Sisters Kiwanis Club,

Summer is still with us and now is the time to soak up every ray of sunshine before we all start back up on our Vitamin D supplements! I hope you are enjoying the sun, the water and the fresh mountain air!

If you see people out on the trails, remind them about our run/walk Race to the Top of Hoodoo on Saturday, September 24th! The more runners we have, the more money we can raise for our club. Let's do all that we can to help our race committee pull off this large fundraiser!

Our Installation Party will be Sunday, October 2nd at the Rodeo Grounds (indoors). I am working out the time because I don't want to conflict with a big football game. So much happens in the fall, that it is hard to not conflict with something. (Though, maybe we could rig up a TV in the back room.) The annual installation party is a big event for our club, so I hope you can all come! We will be awarding our fellow members for their efforts this year and installing our new officers.

You have all received an email so you can help me choose the award recipients for this year. It's not a vote, per se, but I really value your input into my decision. I have a printed copy and I can bring printed ballots to the meeting so you can write in your choices if you are not comfortable with computers. Hopefully, clicking on the link will take you right to the voting and you can click on the buttons and proceed. If not, I will have my master copy with me and you can make your notes and I will enter your choices. Let's have some fun recognizing our fellow Kiwanians while we enjoy some food and beverages together on October 2nd! Invitations to follow via email with printed copies brought to the meeting!

Thank you to you all for all of your hard work to help serve our Sisters Community!

President Suzanne

Members



MILESTONES for AUGUST

Birthdays

1st Matt Kirchoff

3rd Gary Kutz

5th Sheryl McLaughlin

6th Warren Seaward

9th Dan Jordan

9th Carl Milchen

18th Earl Schroeder

25th Karen Keady



5th Karen & John Keady 38 years8th Bill & Joanne Anttila 35 years

19th Connor & Emily Bates 4 years

24th Bob & Barbara Walter 59 years wow

27th Tom & Kate Kopec 22 years

Club Anniversaries

1st Earl Armbruster 35 years

9th Lance Trowbridge 3 years

9th Matt Kirchoff 3 years

11th Yoshi Furuya 5 years

11th Dave Cox 5 years

26th Linda Walker 17 years

26th Scott McKittrick 7 years

27th Jack McGilvary 18 years

28th May Fan 25 years

Rigo Ramirez Gets His Permanent Badge



Another of our newest members has graduated!. Rigo Ramirez has completed his checklist of required new member activities and Past President Jeff Omodt happily upgrades Rigo's new member badge to permanent. Like many of our new members this year Rigo has jumped in to several of our projects. He helped make this years Rodeo Parade a huge success, cooked pancakes at the Buckaroo Breakfast and no one will forget (or let him forget) his volunteer commitment to the Quilt Show as he became Mr. November 2017 in the "Men Behind the Quilts Calendar". Drop in to **Rigo's** store, Dixie's, and buy a copy of what will undoubtedly become a valuable collectors item. He might even autograph it for you. Welcome, again, Rigo, we're glad you are with us!

Meetings



Program Speakers Schedule

August

- 4 President's Meeting
- 11 Dave Roberts Goodwill Industries
- 18 Deputy Fire Chief -Intl. Fire Dept. Exchange
- 25 Rick Kroytz ASPIRE **High School Mentoring**

September

- 1 President's Meeting
- 8 Susan Springer SMS Music
- 15 Oregon National Guard Youth
- 22 Benny Benson Sisters Airport II
- 29 Vocational Ed. Ballot meas. 98

(If you have program suggestions or ideas please contact Jim Horsley, and be sure to thank him for all that he has scheduled for us.)

What's Next - Game Over

Ken Ruetgers came to tell us about an extraordinary transitional program that he runs

that targets **NFL** professional athletes when they reach the end of their playing days. Adjusting



to major life transitions from the sports world are similar to those faced by many of us when we complete a chapter of our life and start a

new one. **Ken** told us that it can be especially difficult for professional athletes, because so much of their identity is wrapped up in their performance. When that ends he helps them to establish a new sense of who they are. **Jim Horsley** related that he has also worked with similar programs help military service people transition to civilian life.

Sisters Airport Update

Benny Benson stopped by to tell us what's new



the airport and at his engineering firm, Energyneering. He told us about some of the new installations his firm has done all over the country. Rather than let methane gas escape from landfill sites and go into the atmosphere and cause pollution and climate change, his firm captures the gas and redirects into a large power generation unit (formerly running on diesel fuel). So his solution is a win/win: prevent the pollution and generate "free" electricity. There were so many questions, **Benny** has agreed to come back for a part two of his presentation next month. He declined to comment on the feasibility of capturing all the hot air generated in one of our club meeting and turning it into something useful. Guess were still on our own for that one.

Photos: Jeff Omodt Page 4

Projects



FOOD BANK RESULTS

JULY 2016 (4 week mo.) Families Served-91
Adults- 175 Children- 70
Food boxes valued at \$14,590 - weighing 9,727 pounds
14 Kiwanis volunteers serving 126.5 hours.
9 Community volunteers serving 97 hours.

RUN

IT'S AN ELECTION YEAR ANYONE CAN RUN...

IF YOU CAN'T RUN,
GET SOMEONE ELSE TO
RUN...

IF YOU CANT GET SOMEONE ELSE TO RUN THEN WALK...

WHATEVER YOU
CHOOSE TO DO,
WE NEED YOUR
SUPPORT TO MAKE THIS
EVENT SUCCESSFUL!

MARK YOUR CALENDARS

SEPTEMBER 24

BE THERE!



Half Marathon Race with 1,035 ft. of climb

This year we are proud to offer a half marathon for runners and walkers that starts at the Corbett Parking area off Hwy 20 and ends at the top of Hoodoo. The course follows scenic trails with views of Island Lake, Link Lake, and Sand Camp Lake with a 1,035 foot climb. Runners will then walk back down the mountain for an apres-race party at the Hoodoo Lodge parking area.

SPONSORED BY:

Kiwanis Club of Sisters - Proceeds to community projects & scholarships

For further information contact race director Matt Kirchoff 541-647-7586

In partnership with the U.S. Forest Service,

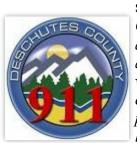
McKenzie River Ranger District and Sisters Ranger District

Call 9-1-1... or maybe not



Get Prepared

We all think that we are aware of exactly what to do in case of an emergency. But for many of us, that doesn't extend far beyond calling 9-1-1. But then what happens? At a recent meeting, we were brought us up to date on what actually happens after you call 911. As a dispatch supervisor our speaker was able to tell us about the complex series of events that surround each call. Here's some of the



story: The mission of Deschutes County 9-1-1 is to provide prompt assistance in a caring, resourceful and professional manner to those we serve. The center is an enhanced 9-1-1 facility which also provides standards based lifesaving public emergency care. The Deschutes County 9-1-1

Service District became a consolidated public safety dispatching agency in 1988, taking all calls for police, fire, and medical service assistance in Deschutes County. The District dispatches for 15 police and fire/emergency medical services (EMS) agencies and works closely with the U.S. Forest Service, AirLink, Oregon State Police, and other State and Federal entities. Calls requiring a response are entered into a computer assisted dispatch (CAD) system and field units are dispatched to emergency and non-emergency incidents.

In 2015, dispatchers answered 288,969 incoming phone calls, of which 60,568 were on 9-1-1. That's an



average of 792 calls a day. Those incoming calls resulted in about 275,000 dispatched incidents; 90% for law enforcement; 10% for fire and EMS agencies., The District covers over 3,000 square miles with a population of about 175,000 people, including portions of Jefferson County within the Crooked River Ranch and Sisters/Camp Sherman Rural Fire Protection Districts. The area also receives around 3.2 million visitors each year who may need assistance.

You can help

Load this number in your phone To report *Non-Emergency* Incidents 24/7 (541) 693-6911

Sign up for DAS

The Deschutes Alert System (DAS) can be used to notify the public with important information during an emergency. Emergencies happen with little or no notice at any time of the day or night. With DAS, we can relay critical information to you about natural disasters or other emergencies that require your immediate attention. The service area for DAS includes Deschutes County, Crooked River Ranch, and Camp Sherman in the State of Oregon.
Until recently, emergency personnel would use DAS

to call land-line telephones but did not have the capability to include Wireless (cellular) or Voice over Internet Protocol (VoIP) telephone numbers. Now, owners of VoIP or cellular phone lines can receive the

same emergency message as those with land-line phones receive, but ONLY IF THEY REGISTER.

Sign up for PulsePoint

If you are CPR trained, you could save a life before the first responders get there. Get more information at www.PulsePoint.org.



Good Fortunes





"Lucky Bob W"

At a recent meeting **Bob Walter** brought a guest, **Pam Woodson** from his cribbage group who was interested in learning more and possibly joining us. To be sure she would be impressed **Bob** then proceeded to hold the winning raffle ticket for the day. Then, just to be sure **Pam** knew how much fun we always seem to have, he also won the pot for the Presidents Day special bingo. On the way home I suggested he should buy a lottery ticket. But he said "no, I almost never win anything.



"Lucky Jan" and
"Lucky Pat"
Many of our club
members have
volunteer activities
far beyond the
club projects.
Recently, Pat
Woollard and Jan
Failing we

helping out with the SunRiver Triathalon and 10K/5K races. They staffed a refreshment

station and were a welcome sight to the runners on a really hot and grueling run. And according to **Jan** they weren't the only welcome sight at the races. Here's a photo **Jan** snapped of a couple of winning triathletes from Australia wearing the national costume -



Speedos.
There's a
great "down
under" joke
in this some
where, but
we had best
just not go
there? Just
make up
your own.

"Lucky Bob G"



Bob Grooney
reported that he
has been
volunteering
with local law
enforcement
officials. On a
recent case, he
tells us, that there
was a report of a

large hole in the privacy fence of a local nudist camp. Citizen **Bob**, on the case, eagerly told the

officers that he would be happy to "look into it" for them. One of a kind, isn't he?



Sisters Kiwanis We Celebrate Service! We invite you to join us for coffee! Thursdays at 7:00 AM Meetings start at 7:30 AM Aspen Lakes, Brand 33

Our Sisters Kiwanis Purpose and Mission:

The 77 members of the Sisters club take pride in a very real impact on our local community. Our club runs the food bank and has a massive food share event during the Christmas holidays. It supports fellow Sisters residents when emergency needs arise. It offers scholarships to many graduating seniors, and awards grants to dozens of organizations that have significant impact on the well-being of children and families. The club also gives "opportunity grants" to many deserving adults in the community to help them better their position in life. Other service projects include: cleaning Sisters' highways, reading to children, improving our city's parks, sponsoring our scout troops, staffing Red Cross blood drives, collecting eye glasses and cell phones, arranging community presentations, maintaining an entrance sign to our city, teaching kids poison awareness and helping screen children for health problems. Discover more at: www.SistersKiwanis.org

Calendar of Upcoming Events SAVE THESE DATES

August 2016

4, 11, 18, 25 - Meeting Aspen Lakes Lodge

September 2016

- 1, 8, 15, 23, 29 Meeting Aspen Lakes Lodge
- 16 Taste of Sisters Food Bank benefit
- 24 Hoodoo Challenge Race

October 2016

- 6, 13, 20, 27 Meeting Aspen Lakes Lodge
- 2 Installation of Officers and Presidents Service Awards Sisters Rodeo Grounds

Get the latest Calendar updates online at our website:

http://sisterskiwanis.org/calendar/



Contact Us

Ask a Club Member to learn more about us



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