

Siskiwan

Kiwanis Club of Sisters February 2015

Rise and Shine

Another spectacular sunrise out the clubhouse window means the days are getting longer and Spring is on the way (after a lot of snow, of course). And with Spring will come the chance to get our fundraisers up and going for the year.

Roger Johnson and his fundraising committee already have their thinking caps on and are on the way to some new ideas for this year. As you may remember, the June Golf Tournament which was our largest single fundraising event will not be continuing, so we must crank up the other events and find new ones to sustain our level of giving. **Karen**

Keady will be back this year with the Antique Sale. But wait, there's more this year! She's added **BLING**. That means antique and collectable **JEWELRY**.

And speaking of giving, take a look at the great causes that received checks from us this month (page 7).



It's Time for a Birthday Party and a Special Interclub



2014 is a big year for Kiwanis as we turn 100 years old.

Our Kiwanis friends in Redmond are using the dedication of their Sam Johnson Park Project as an opportunity to celebrate the "Big K" birthday too. **Pat Woollard**, our wizard of interclubbing, will coordinate the car pool convoy, leaving for Redmond at 0730, Friday the 13th. (You're not superstitious, are you?)



Kiwanis International President John Button is coming to Redmond on Feb. 13 for the ground breaking ceremonies for the renovation of Sam Johnson Park.

From the President



Fellow Kiwanians,

Even during our winter lull it seems there is a lot of club activity. Several weeks ago **Naomi Rowe** picked up about 320 pounds of food from the “Ice Bowl” event. **Dan Stearns** has been doing a great job of getting our club events noticed in the Nugget. And **Shirley Lalli** “volunteered” to head up a yet to be defined raffle event. Our thanks go out to them and any others I may have missed.

It was a pleasure to have two people, **Dave Miller**, and **Carl Milchen**, inducted as new members at our February 5th meeting. And thanks to **Gary Kutz** and **Pat Woollard** for sponsoring them! These new members help continue our club’s ability to attract new people with new ideas and fresh energy. The club now has 76 official members.

Last month’s Board meeting was busy. The audit committee, led by **Cal Allen**, stated that the review of last years’ books “found no accounting problems and it is the opinion of the committee that **Jack McGilvary** is doing an excellent job”. However, the Board acknowledged that this year the committee did not follow the current version of the bylaws when it used two current Board members to help with the audit. Next year the audit committee will not include any Board members.

The Board also firmed up the process members must use when working on the “Perfect Attendance Award”. **Jan Failing** explained these to members attending the Feb 5th meeting; a major part of the process focuses on the member’s requirement to report make up hours to Jan within two months of the missed meeting.

Marcea DeGregorio led the Board in a discussion of how the club should maintain, secure and back up it’s secretarial and financial records. Back ups will now be maintained on the club computer and **Marcea** is researching how much it will cost to purchase a fire proof file cabinet to store hard copy files at the K house. The Board also discussed acquiring a public address system (for all of us with hearing aids) for use at meetings and socials.

The Board also approved the two new members, discussed fellowship funding and reviewed our fundraising projects. And, we decided to now mail out the Board agenda to all club members before the meetings. Club members are reminded that you can request a copy of the club minutes or financial statements with the understanding that they should not be shared with other non-club members.

President Dave

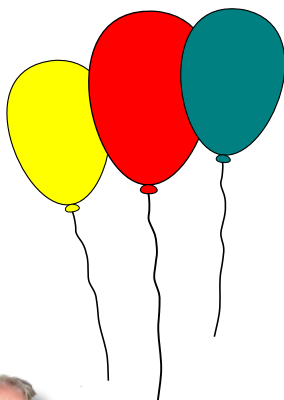
Members



MILESTONES for FEBRUARY

Birthdays

2nd – Earl Armbruster
4th – Ardie Winters
5th – Bob Woollard
12th – Tom Worcester
23rd – Barb Bott



Wedding Anniversaries

4th – Mike & Tammy Robillard, 21 years

Club Anniversaries

1st - Sheryl McLaughlin - 7 years
4th - Gary Keown - 3 years
26th - Gary Cundiff – 6 years
26th - Dave Huni - 6 years
26th - Michele Hammer - 6 years
26th - Bob Woollard - 6 years

Welcome New Members



Tom Worcester (membership chair), Pat Woollard, Carl Milchen, Dave Miller, Bruce Rognlein, Gary Kutz

Dave Miller

Dave was born and grew up in Ohio. His wife Darlene is a Native Oregonian. They built a vacation home in Sisters in the 90's and moved to Sisters permanently 10 years ago. They have two girls and four grand kids, one family in Redmond and the other in Sherwood. They both enjoy traveling, pickle ball, bicycling (more Dave), hiking (more Dar), skiing and hanging with friends. In fact, Dave's biking made the Nugget News a couple years ago, when he rode route 101, from Astoria to the California line in five days. Dave is a Realtor with ReMax and Dar volunteers as a Dental Hygienist on the dental van. Dave was a member of Kiwanis in 1993 for several years when they lived and worked in Corvallis. He worked on Kiwanis /OSU Rodeo fundraiser projects. So we know where he will fit in, WooHoo! Dave was sponsored by Bruce Rognlein with an assist from Gary Kutz.

Carl Milchen

Carl and his wife Carol moved to Sisters in September of last year. They had enjoyed living in New Mexico for 10 years. Sisters became the logical choice for the next chapter when their son recently has taken an emergency room nurse job at St. Charles Hospital and bought a house in Bend. Carl describes himself as "fully retired" from a 30 year career with the old Southern Pacific Railroad. Carl's hobbies include collecting and selling vintage firearms, and he enjoys listening to shortwave radio in the early morning hours. He chose Kiwanis as a way to engage in his new community, based on the encouragement of his sponsor and new neighbor Pat Woollard. Thanks, Pat. Carl says, "Kiwanis and service projects will be entirely new to me, and I am looking forward to joining and getting to know more of you folks who help make our town special."

Meetings



Program Speakers Schedule

February

- 5 - President's Meeting
- 12 - Ralph Salisbury "Central Oregon Veterans Ranch"
- 19 - Ann Richardson and Ted Johnson "Pursue Your Passion" entrepreneur class
- 26 - Kathryn Godsiff - "Rotary Projects"

March

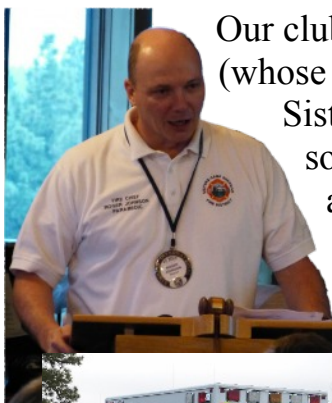
- 5 - President's Meeting
- 12 - Liam Hughes - "Community" Part 1
- 19 - Liam Hughes - "Community" Part 2
- 26 - Paige Bentley-Flannery "Online Library Resources"

(If you have program suggestions or ideas please contact **May Fan**, and thank her for all that she has scheduled for us.)



Katie Keranen - the Executive Director of Hope Africa brought us a very inspiring story, of her organization's efforts focused on

helping children in Uganda through sponsorships from families in Sisters.



Our club's own **Roger Johnson** (whose other job is Chief of the Sisters Fire Dept.) brought some of his paramedics and lots of cool new equipment to make us realize how really fortunate we are to be protected by his staff.



Also from our club, **Liam Hughes**, who is the Executive Director Sisters Park and Recreation District (SPRD) presented an update on the progress they have been making recently.



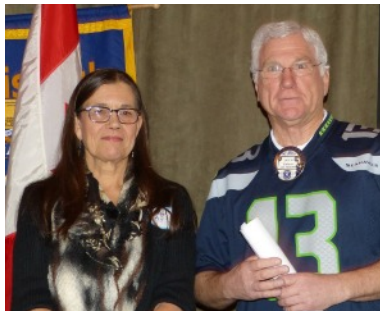
Joined by members from his Board of Directors they described a plan to continue grow their services perhaps with a local option bond.

Projects



Career Opportunity Fund Grants a New Scholarship

The Career Opportunity Fund has found another deserving Sisters person to help reach for their dream career.



Tracy gets a check from **Doug Roberts**.

Tracy Curtis was recently awarded an COF scholarship for \$3,300 that will allow her to become a certified professional floral designer, specializing in wedding floral design. **Tracy** will attend classes at the Floral Design Institute in Portland. Currently, **Tracy** runs a house cleaning



service and operates a home-based business called Ballokai. She crafts fashion accessories from recycled materials, but her businesses don't provide sufficient income. **Tracy** said her goal was to work as a wedding floral designer, a profession that will provide a sustainable income and also the time to continue working as an artist and business owner. She said that without financial support from Kiwanis it would have been impossible for her to pursue her dreams in floral design.

FOOD BANK RESULTS

January 2014

Families Served-119

Adults-247 Children-125

Food boxes valuing \$17,350

16 Kiwanis volunteers

serving 129.5 hours.

18 Community volunteers

serving 122.5 hours.

Interclubs Keep Rolling On

Pat Woollard is keeping us on the road and enjoying the meetings of other clubs in our division. Recently we attended a Redmond club meeting and learned about the new Kiwanis initiatives for child safety.



Lt.Gov. **Linda Walker**, **Bob Walter**, **Pat Woollard**, and Pres.**Dave Cox** in Redmond.

Upcoming interclubs include the Redmond "100th Birthday Party" on Feb. 13th and a Key Club visit on Feb 17th. Contact **Pat** to sign up and join the fun on the road. Thanks, **Pat**!

Projects



Dental Van Continues to Provides Sisters Community with much needed dental care.

By Jan Failing

Hank and I want to extend our sincere gratitude from our dental van volunteer team (including Julie Mansfield, Career Opportunity Fund recipient) and the patients we serve in Sisters, for your generous donation of \$1500, helping us bring the Medical Teams International dental van to our community for 5 (@ \$300) clinics in 2015. Without your support we would not be able to provide needed restorative and preventive care to those in our community who, due to financial difficulties, are without access to these services.

Over the past 5 years we have been working with our patients through comprehensive treatment, education, and compassionate commitment, to break the cycle of needing to seek preventable emergency treatment. We are seeing a significant change in those members of our community we serve by the reduction in the need to schedule "Urgent Care" clinics in Sisters and an increase in those returning for routine preventive care after their restorative treatment is completed. Due to the type of services we offer, our schedule is constantly full and our waiting list is forever growing...no complaints however! This reduces the number of cancellations, forgotten appointments and patients not showing for their scheduled time.

We ask our patients to make a small donation of \$10.00 per appointment, if they are able (no one is ever turned away because they cannot pay). We let them know their donation goes toward bringing dental clinics to Sisters. "Free" services often go unappreciated, but if they feel they are helping and contributing to a worthwhile cause, they become engaged and committed...an investment in their own health!

At the meeting we shared some statistics, gathered by Debbie Stumbaugh (MTI dental van coordinator). We feel these figures give a dramatic picture of what can be accomplished by a team of volunteers, good resources, and supportive donors.

In 2014 we sponsored 12 dental clinics for our Sisters



Jan and Hank Failing share their success story

Country citizens in need. We served 108 adults dental services valuing \$42,619.00. Our volunteers (4 for each clinic) worked 346 hours performing such services as comprehensive and routine exams, X-rays, preventive cleanings and periodontal treatment, restorative services including amalgam and composites fillings...a well as, occasional emergency, temporary palliative treatment and referrals when treatment is needed beyond the scope of our clinics.

Without your financial support, we would be unable to bring these services to our community members in need!

Thank you again for your generous contribution to our efforts, both to our Sisters Kiwanis Club and to those members who made a personal donation to our cause!

Investments We Make



This month was another big one for investing our fund-raising money back into our community.

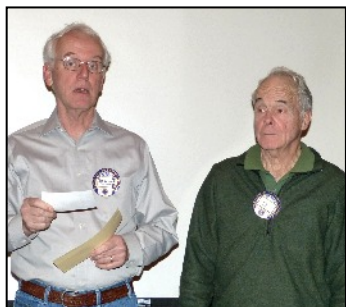


Key Club members join us for a meeting and to receive our check from **Jeff Omodt** for our help to support their great club projects.



Dave Huni presents a check to **Josh Nordell** to support the special needs programs at the high school

Kerry Bott presents a check to **Cal Allen** to support this years Sisters Science Club promoting math and science studies.



Kerry Bott presents a check to **Jan and Hank Failing** in support of the mobile dental van.

Dan Stearns presents a check to **Tim Roth** to support the athletic programs in the Sisters schools.



Suzanne Carvlin presents a check to **Sue Boettner** to support the Safe Graduation Night Party for Sisters High School.

Jan Failing presents a check to **Liam Hughes** for the club support of the SPRD (Sisters Park and Recreation) programs.



Odds & Ends



Financial Audit Completed

Many of you were present at the meetings when our illustrious Treasurer **Jack McGilvary** presented the club financial reports



to the general membership, just like he does every month with the Board of Directors. What you may not know is the **Jack's** work is reviewed once a year by an audit committee this year led by **Cal Allen**. The results are in, and **Jack** gets a glowing review and complements once again. We are advised, by those familiar with the situation, not to jump to any hasty conclusions, or make any



correlations with **Jack's** immediate departure for Mexico. It is, in fact, a well deserved vacation. Similar things have happened in prior years and he has come back each time. "Dos mas cervezas, senior Treasurer, por favor"

Have you got a minute?

A professor stood before his philosophy class and had some items in front of him. When the class began, wordlessly, he picked up a very large and empty mayonnaise jar and proceeded to fill it with golf balls. He then asked the students if the jar was full. They agreed that it was. The professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles rolled into the open areas between the golf balls. He then asked the students again if the jar was full. They agreed it was. The professor next picked up a box of sand and poured it into the jar. Of course the sand filled up everything else. He asked once more if the jar was full. The students responded with a unanimous "yes". The professor then produced two cups of coffee from under the table and poured the entire contents into the jar, effectively filling the empty space between the sand. The students laughed. "Now" said the professor, as the laughter subsided, "I want you to recognize that this jar represents your life. The golf balls are the important things, your God, your family, your children, your health, your friends, and your favorite passions—things that if everything else was lost and only they remained, your life would still be full. The pebbles are the other things that matter like your job, your house, and your car. The sand is everything else—the small stuff. "If you put sand into the jar first," he continued, "There is no room for the pebbles or golf balls. The same goes for life. If you spend all your time and energy on the small stuff, you will never have room for the things that are important to you. Pay attention to the things that critical to your happiness. Play with your children. Take time to get medical checkups. Take your partner out to dinner. Play another 18. There will always be time to clean house and fix the disposal. Take care of the golf balls first—the things that really matter. Set your priorities. The rest is just sand. One of the students raised her hand and inquired what the coffee represented. The professor smiled. "I'm glad you asked. It just goes to show that no matter how full your life may seem, there's always room for a couple of cups of coffee with a friend."

Submitted by **David Roberts**



Join Us

Thursdays at Aspen Lakes Lodge -7:00 Coffee

**Sisters Kiwanis
We Celebrate Service!**

We invite you to join us for coffee!

Thursdays at 7:00 AM

Meetings start at 7:30 AM Aspen Lakes, Brand 33

Our Sisters Kiwanis Purpose and Mission:

The 76 members of the Sisters club take pride in a very real impact on our local community. Our club runs the food bank and has a massive food share event during the Christmas holidays. It supports fellow Sisters residents when emergency needs arise. It offers scholarships to many graduating seniors, and awards grants to dozens of organizations that have significant impact on the well-being of children and families.

The club also gives "opportunity grants" to many deserving adults in the community to help them better their position in life. Other service projects include: cleaning Sisters' highways, reading to children, improving our city's parks, sponsoring our scout troops, staffing Red Cross blood drives, collecting eye glasses and cell phones, arranging community presentations, maintaining an entrance sign to our city, teaching kids poison awareness and helping screen children for health problems.

**Discover more at:
www.SistersKiwanis.org**

**You can find membership forms and info at:
<http://sisterskiwanis.org/join-us/>**

Contact Us

Ask a Club Member
to learn more about us



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Public Relations:
Dan Stearns
Young Children Priority One:
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Roger Johnson
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Michele Hammer
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Tom Worcester
Sponsored Orgs & Programs:
Michele Hammer
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ABOUT THE SISKIWAN

Published monthly by the Sisters Kiwanis Club of Sisters, OR.
The Siskiwan is traditionally available by the second regular club meeting of the month.

It can also be found on the club's website at: www.sisterskiwanis.org

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For current and past issues of the Siskiwan, please visit: <http://sisterskiwanis.org/newsletter/>