



photo by Michael Blesius
MARCH 2017

CELEBRATING 39 YEARS

SISTERS KIWANIS CLUB, SISTERS, OREGON

JUST FOR FUN...

60 Minutes - What volunteers can do (& have done) in just one hour...maybe a little more

- Food Bank - drop off dog food, pick up NeighborImpact food, deliver empty boxes, unload & pack boxes
- New member orientation
- Hoodoo Challenge - put up posters, call sponsors, set up & tear down, drive
- Science Fair - smell demonstration, paper airplane contest, set up tables, tape floor with electrical cords
- Quilt Show - sell tickets for raffle; model for quilt calendar; hang, take down, and rescue quilts
- Walk in rodeo parade
- Buckaroo Breakfast - cook bacon, flip pancakes, work on advertising, cashier, laid out positions for new tables being cemented into the ground; help prep by washing tables & cooking grills, and raking pine needles
- Sell See's Candies
- K House - hang & take down lights, clean, organize, remodel bathroom & rebuilt deck
- Organized Fly.Drive.Skydive 5K Race
- Make trip(s) to the dump
- Antiques & Bling Sale - hand out flyers, pick up stuff, deliver stuff, donate stuff, work the sale
- TAKE PICTURES and send them to the editor
- Email potential/upcoming speakers
- Sold a donated painting on eBay
- Attended boy scout meetings as their sponsor

See 60 Minutes on page 4

Things you wish you could do for your brain - there are too many to list, but this is my favorite...

Rearranging the books on the shelves

- like goes with like
- biography has no place in fiction
- move the brain's big books to the bottom and refamiliarize yourself with the catalog of what you claim to know, giving away all you know that you will never learn

~ Thank you for sharing **Barbara Bott**.

Jim Smith - Jim has a new home in Tigard, OR. We wish you well Jim!

Naomi Rowe shared this...Did you hear YouTube, Twitter, and Facebook have decided to merge and their new name will be "YouTwitFace." ~Silly, but I like it...

Next Stop Phoenix - April 1 & 3 2017 Division I Men's Basketball Championship - FINAL FOUR Gonzaga, South Carolina, North Carolina, and the OREGON DUCKS! Earl Armbruster will be in the house!



Kiwanis
SISTERS, OREGON

FROM THE PRESIDENT

CELEBRATING 39 YEARS

SISTERS KIWANIS CLUB, SISTERS, OREGON

MARCH 2017

Letter from our President, Doug Wills

6th LETTER

Hi Fellow Kiwanians -



"Spring is here. Right? Well at least the snow has melted and you don't have to shovel the rain. I don't know about you, but I am ready for some warm weather.

March brings us two new members, **Lester Hendrie** and **Jim Cunningham**. New blood brings new ideas and excitement. Welcome guys. I am looking forward to working with you.

March also saw some great progress on the remodel of the bathroom in the "K" House. It is all cleaned out which turned out to be a bigger project than we thought. Now we are ready for plumbing and electrical. Thank you **Gary** for all your help on this.

Thanks to all of you that helped at the Science Fair. **Cal** and his crew did a great job again. Several of us commented on how great the kids were with their projects and how most of the stuff they did wasn't even invented when we were that age.

Once again we had some interesting speakers. Debbie Newport gave us an inside on Circle Of Friends and what they do. Thank you Debbie for all your help with our kids. Then of course, we had Jim Anderson, who is always entertaining even without the eagle, which was a no show. Dr. Dick Koning gave us great insight into the problems he is helping to solve in Ethiopia.

With all the help from the club members, it makes my "job" fun and much easier.

Thanks everybody."

~ President Doug Wills

Next Board Meeting:

Date: Wednesday, Apr. 26, 2017

Time: 4:30 pm

225 N. Oak St. in Sisters

(at the Kiwanis "K" House)

ALL MEMBERS ARE WELCOME!

PROJECTS

CELEBRATING 39 YEARS

SISTERS KIWANIS CLUB, SISTERS, OREGON

MARCH 2017

VOLUNTEER!

Kiwanis Club of Sisters Presents:

**Run to the Top
HOODOO
CHALLENGE**

Saturday - July 29, 2017 - 9 a.m.

Half Marathon Race with 1,035 ft. Climb
The second annual half marathon for runners and walkers that starts at the Cochet Parking area off Hwy 20 and ends at the top of Hoodoo. The course follows scenic trails and ends with a 1,035 foot climb to the top of Hoodoo. There will be an after-race party at the Hoodoo Lodge parking area.

Registration: Sign up online at ultrasignup.com or <http://tinyurl.com/HoodooChallenge2017>
Entrance fee \$45 - After June 30th - \$60
Final deadline for registration is July 22nd
200 runner limit. Runners will be shuttled to the race start.

Prizes: First place men's and women's finishers will each receive a Season Pass to Hoodoo. Second place will receive a \$100 gift certificate to Foot Foot. All participants will receive a 2-for-1 voucher for Hoodoo lift tickets.

For more information contact: Matt Kirchoff 541-647-7586
Proceeds benefit Sisters Kiwanis community projects & local scholarships.
In partnership with Hoodoo and the U.S. Forest Service, McKenzie River Ranger District and Sisters Ranger District.

Runners Needed! for the Hoodoo Challenge

Registration: Sign up online at ultrasignup.com or <http://tinyurl.com/HoodooChallenge2017>

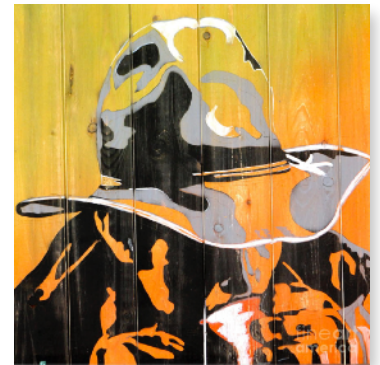
Entrance fee \$45

- or ask **Suzy Ramsey**

Coffee Master Needed! for the Buckaroo breakfast.

"This role takes a minimum of coordination and will require 4 to 6 hours of time. The main requirement is to start the coffee brewing early on the breakfast morning (at Rays) and get the first pots hauled over to the rodeo site before the cooking starts."

- or ask **Dave Cox**



SMART Program Coordinator Needed! "This program Start Making A Reader Today involves a little coordination with the local schools and the club to see if any of our members are interested in helping with the program. Readers meet with grade school children for an hour or so and help the kids with their reading. It is a great program and is proven to help kids learn how to read."

- or ask **Dave Cox**

Antiques & Bling Needed! for the Antiques & Bling Sale.
- or ask **Roger Johnson, Pamela Woodson, or Jack (Leart) McGilvary**



PROJECTS

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MARCH 2017

VOLUNTEER



Quilt Raffle Ticket Sellers Needed!

"The 2017 Quilt Raffle Fundraiser will span a period between Apr. 20 & July 08 (80 days). There are 13 event days and a total of 38 shifts, mostly 2 hrs each. Volunteers can sign-up at the regular weekly Kiwanis meetings. In addition, an e-schedule will be emailed to all club members."

- or ask **Tom Hespe** (ok to call him 541-728-8988)

60 Minutes - What volunteers can do...

Continued from page 1

- Cleaned property next to Sisters Elementary School
- Picked Up and stored donated chairs
- Cooked the pulled pork for two Kiwanis functions
- Drive Veterans to PVAMC (Portland Veterans Administration Medical Center)
- Trapped feral cats for spaying & neutering
- Created calculations for egress training for Cloverdale Fire Station
- Clean up the highway
- Maintained "Welcome to Sisters" signage
- Assist with mtg prep - signage, coffee, IT, fines, greet
- Serve as an Officer or head a Committee
- Wash towels for SPRD
- Beer - find sponsors for the Homebrew Festival, brew it, drink it (just kidding)
- Call bingo numbers
- Sold hamburgers on a roll

~from the Editor

Food Bank February 2017

Families	104
Adults	187
Children 6-18	41
Children 0-6	20
Value	\$12,376.25
# of Volunteer Hours/# of Hours	
Kiwanis	7/89.5
Community	10/80

PROJECTS

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MARCH 2017

GOINGS ON

**The Kiwanis Food Bank on the front page of the Nugget
Sisters Elementary School students hosted their Peanut Butter and
Jelly Drive during the month of March.**



Kiwanis Food Bank supports those in need

By Erin Borla
Correspondent

Some 167 families utilized the Sisters Kiwanis Food Bank throughout the month of January.

Oftentimes donations can slow during the months after the Thanksgiving and Christmas holiday season. The need for food donations is still there.

The community of Sisters always steps up to help and donate food as well as volunteer hours.

For the second year in a row Sisters Elementary



PHOTO PROVIDED

Kiwanian Kerry Bott thanks firefighters Cody Meredith, Pat Burke, Jett Hamik, Blair Brock and Thornton Brown.

FOOD BANK: Community steps up to donate and to volunteer

Continued from page 1

School students are hosting their Peanut Butter and Jelly Drive during the month of March for Sisters Kiwanis Food Bank. The event, which began on Friday, March 10, runs through Friday, March 24. This food drive is an effort to inspire donations of kid-friendly foods and raise awareness about childhood hunger in Sisters. Students are encouraged to bring in not just peanut butter and jelly but other kid-friendly foods in order to support families that utilize the local Food Bank.

The Sisters Kiwanis Food Bank recently celebrated their volunteers for 2016.

"It was an amazing year,"

says Kiwanian Barbara Bott. "People kept showing up (to help.) We were excited to pull in the Fire Department as volunteers this past year."

The volunteer operations of the Food Bank span about two weekdays where designated volunteers are in Redmond, Bend, and Sisters picking up food from NeighborImpact, Food 4 Less, Melvin's Fir Street Market and Ray's Food Place. Other volunteers are at the Food Bank where loads are weighed, sorted, and shelved; then all is safely put away and ready for weekly distribution on Thursday from 9 a.m. to 2 p.m.

All volunteers who contributed 20 hours or more received a mug designed by local artist Kathy Deggendorfer. This year's volunteers receiving the honor were: Carol Ast, Betsy

Beaver, Phil Ashley and the Sisters-Camp Sherman fire crew.

Several people received mugs last year, but also achieved the 20-hour mark for 2016 and received a special Kiwanis Pen. They include: Marsha Allen, Dale Payne, Katie Powers, Done Rowe, Liz Weeks and Vince Wilson.

The top Food Bank donors in 2016 included all three Sisters public schools, Melvin's Fir Street Market, Mail Carrier's Food Drive, St. Edward the Martyr Catholic Church, Angeline's Bakery, the Episcopal Church of the Transfiguration, and Sisters Community Church.

The Sisters Kiwanis Food Bank accepts donations throughout the year, and they can be dropped off at the Food Bank on Main Avenue and Oak Street on Wednesdays.

PROJECTS

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MARCH 2017

GOINGS ON

Each Spring (March 18 this year) the Science Fair attracts hundreds of people ... a community event where families and kids of all ages participate. Here are some photos from the event.

Thank you **Jeff Omodt!**



MEMBERS

CELEBRATING 39 YEARS

SISTERS KIWANIS CLUB, SISTERS, OREGON

MARCH 2017

CELEBRATE! Newest Members

March Birthdays

9 - David Cox
11 - Roxanne Lenahan
13 - John Troike
17 - Allen Hull
20 - Mike Vermillion
28 - Bob Walter
29 - Cal Allen

April Birthdays

3 - Bob Grooney
5 - Susan Windell
8 - Doug Wills
11 - Ronald Mohler
15 - Jan Failing
16 - Cindy Rainey

★★★★★★★★★★

"K" Club March Anniversaries

3 - Thomas Hespe
5 - Dan Jordan
10 - Rigberto Ramirez
13 - David Hiller
15 - Jim Smith
27 - Doug Wills
28 - Cal Allen
31 - Mark Mayry
31 - Vern Renner

"K" Club April Anniversaries

1 - Bill Spezza
1 - Tom Worcester
5 - Susan Windell
11 - Suzy Ramsey
20 - Michael Robillard
21 - Kathleen Blesius
23 - Berni Huggett
31 - Vern Renner



Jim Cunningham

Occupation: Retired Brigadier General & Retired Captain with United Airlines.

Education: UCLA (BA) & Webster University (MA)

Family: wife - Dana

Pets: Archie (cat)

Hometown: Portland

Lived in Sisters: 10 years

Also lived in: Thailand, Southern California, Alaska, Texas

Favorite Hobby: fishing, hiking, skiing, woodworking, history, U.S. Constitution

Fun Fact: Speaks Italian

Sponsor: Jim Smith



Lester Hendrie

Occupation: CoreAlign Instructor with BendAlign. Retired Park Ranger after 34 years.

Education: Humboldt State University (BA)

Family: wife - Agnes

Pets: Two Pianos and Four CoreAligns

Hometown: Riverside, California

Lived in Sisters: since Nov. 2016

Also lived in: Bend, South Bay Area in CA and Arcata, CA

Favorite Hobby: Astronomy, Especially solar observation. Renaissance Craftsman

Fun Fact: This was only my second White Christmas "Whew"

Sponsor: Matt Kirchoff

Allen Kent Huggett

Passed away March 5 at his home near Sisters. He leaves behind his wife of 53 years, **Berni Huggett**, 3 children, and 7 grandchildren. We are here for you **Berni**. Let us know how we can help. Sincerely - all of us at Sisters Kiwanis.

JOIN US!

CELEBRATING 39 YEARS

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MARCH 2017

Speaker's Calendar

Mar 2 - President's Meeting
 Mar 9 - Debbie Newport, Circle of Friends
 Mar 16 - Jim Anderson, Eagles (part 2)
 Mar 23 - Dr. Marinus Koning, ReachAnother (healthcare and education services in Ethiopia)
 Mar 30 - Linda Peck, Solar Yard Art & Jeannette Pilak, Quilting

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Apr 6 - President's Meeting
 Apr 13 - Jana Hemphill, Deschutes Land Trust
 Apr 20 - Katy Yoder and Kerani Mitchell from Sisters Folk Festival
 Apr 27 - Ken Mays with Sisters High School automotive

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time.

Our Sisters Kiwanis Purpose and Mission:

The 72 members of the Sisters club take pride in a very real impact on our local community. Our club runs the food bank and has a massive food share event during the Christmas holidays. It supports fellow Sisters residents when emergency needs arise. It offers scholarships to many graduating seniors, and awards grants to dozens of organizations that have significant impact on the well-being of children and families.

The club also gives "opportunity grants" to many deserving adults in the community to help them better their position in life. Other service projects include: cleaning Sisters' highways, reading to children, improving our city's parks, sponsoring our scout troops, staffing Red Cross blood drives, collecting eye glasses and cell phones, arranging community presentations, maintaining an entrance sign to our city, teaching kids poison awareness and helping screen children for health problems. - Discover more at: www.sisterskiwanis.com

*Sisters Kiwanis
 We Celebrate Service!*

*We invite you to join us - every Thursday morning.
 Coffee @ 7:00am / Meeting @ 7:30am
 Aspen Lakes, Brand33*



photo courtesy of Aspen Lakes



OFFICERS & COMMITTEES 2016-17

CELEBRATING 39 YEARS

SISTERS KIWANIS CLUB, SISTERS, OREGON

MARCH 2017

Kiwanis House

225 N. Oak St.

Club Mail

P.O. Box 1296
Sisters, OR 97759

write:

info@SistersKiwanis.org

call: 541 410 2870

visit: www.SistersKiwanis.org

www.Facebook.com/SistersKiwanis

Club Officers

President:

Doug Wills (2016-17)

(541) 719 1254

dtwills@bendbroadband.com

President-Elect:

Liam Hughes (2017-18)

liam@sistersrecreation.com

Secretary:

Roxanne Lenahan (253) 278 7805

secretary@sisterskiwanis.org

Treasurer:

Jack McGilvary (541) 410 2870

jackmc706@gmail.com

Past-President:

Suzanne Carvlin (541) 595 8707

suzanne.carvlin@gmail.com

Committees & Projects, Board of Directors

Club Meetings & Admin:

Marcea DeGregoreo

Community Projects:

Matt Kirchoff

Public Relations:

Dan Stearns

Young Children Priority One:

Dave Cox

Fund-Raising:

Roger Johnson

Youth Services:

Connor Bates

Membership Growth & Education:

Suzy Ramsey

Sponsored Organizations and Programs:

TBD

Human & Spiritual Values and Young Children Priority One:

Dave Cox

Food Bank:

Kerry Bott

Contact our Board:

info@SistersKiwanis.com

Key Club Advisor - SHS:

Matt Bradley

KeyClub@SistersKiwanis.org

web: SistersKiwanis.org/Key_Club/Key_Club.html

Pacific NW District

PNW District Office

(503) 305 7635

www.PNWKiwanis.org

PNW District Governor:

(503) 305 7635

Ron Myers (2016-17)

PNW District Governor-Elect:

Roger Bell (2017-18)

Immediate Past Governor:

Jackie Sue McFarlin (2015-16)

jacsuemacs@icloud.com

PNW District Officers

District Secretary:

Ed Luttrell

dsec@pnwkiwanis.org

District Treasurer:

Janelle Lawrence

treasurer@pnwkiwanis.org

Div. 78 - Lt. Gov.:

Linda Walker (2016-17)

(541) 280-4339

Key Club - Sisters High

School (SHS)

Key Club President (2016-17):

Jordan Pollard



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Kathleen Blesius, Editor / Dan Stearns, PR Director / Photo Contributor(s) - Blesius', Jeff Omodt, Google Images

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