

# Siskiwan

Kiwanis Club of Sisters July 2015

## July is Quilt Show Month

Every year, on the second Saturday in July, the town gets dressed up in a kaleidoscope of color and our Kiwanis gang is there to help.



An army of eager hangers listen as **Chris Brophy (Warren Seaward's other daughter)** goes over the placements for the quilts.

How many Kiwanians does it take to hang a quilt? In this case, 4. **Gary Cundiff, Linda Bafford (Warren**



**Seaward's other daughter), Jeff Omodt and Warren** himself. In our area almost 200 quilts went up in about half an hour, For the whole show there were almost 1,400 quilts that went up and down in one day.



# From the President



Fellow Kiwanians,

As I was off on vacation (is the term “vacation” when you are retired?) in June I want to thank **Suzanne Carvlin** for taking care of the Presidential duties for me! I must say, it is always great to be on vacation, but of course, it is nice to get back home and see all those smiling Kiwanis faces. I was very pleased to see that the club operated smoothly as I expected that it would. One thing I believe makes this club special is the willingness of our members and Directors to help out and pitch in when others need help or a break.

And, what a nice feeling to know that we have successfully completed two of our big fundraisers. Now we can take a short breather before we ramp up our activity for the upcoming Black Butte Challenge. Thanks to the hard work of **Suzy Ramsey** and her committee, most of the groundwork for the event is completed; now we need to focus on getting hundreds of runners signed up!! Will any of you feel up to a quick run up the Butte? I wonder if we have any club members who will make the run?

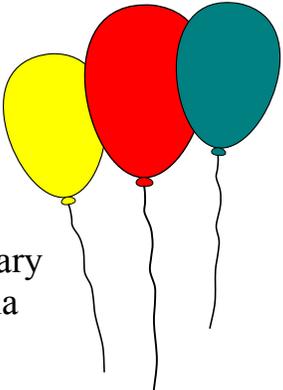
One final thought. Standing up front getting ready for meetings I sometimes notice that a guest or speaker is sitting or standing alone looking a little lost or abandoned. One of the ways our club can distinguish itself is to create and maintain a warm, welcoming environment for guests and speakers. This is a good place to show our spirit and enthusiasm to the outside world. While it is normal for us to get engaged in a conversation with our Kiwanis friends, be alert for the opportunity to introduce yourself to the guests and speakers. It will have a positive and far reaching impact if each of us makes a point to introduce ourselves to every guest or speaker and thank him or her for attending.

*President Dave*

# Members



## MILESTONES for JULY



### Birthdays

- 6th – Jack McGilvary
- 13th – Shauna Rocha
- 15th – Vern Renner
- 18th – Jeff Omodt

### Wedding Anniversaries

- 7th – Doug & Sue Wills, 53 yrs
- 18th – Pat & Bob Woollard, 26 yrs
- 20th – Gary & Shirleen Cundiff, 41 yrs
- 28th – Tom & Lois Worcester, 64 yrs **WOW**

### Club Anniversaries

- 1st – Earl Schroeder, 7 yrs (+40 in Salem)
- 5th – Doug Roberts, 14 yrs
- 11th – Jeanne Nolander, 13 yrs
- 13th – Al Boyette, 15 yrs
- 18th - Roxanne Lenihan, 2 yrs
- 28th - Suzanne Carvlin, 4 yrs
- 28th - Chris Carvlin, 4 yrs

## NEW MEMBER JIM HORSLEY JOINS THE CLUB



**Tom Worcester and Jim's sponsor May Fan** conducted **Jim's** induction into the club. If you

missed it, here's **Jim's** short bio. He and his wife Sonya moved to Sisters about 3 years ago from Seattle to transition in to retirement. They have two grown kids in CA. A son who is a school teacher in Chico (2 grandkids) and a daughter in Santa Clarita who works part time with an orphanage-education ministry in Haiti (2 grandkids). Asked why he chose Kiwanis? **Jim** said "After speaking to the club last fall, I liked the energy of the members, and the various Kiwanis activities in the community. I thought it would be a good way

to connect in partnership with folks meeting needs in Sisters." What area of service is your passion? "Mostly I've been an advocate challenging others to engage things that matter. It was a key focus of the public speaking I've done since the late '80's. I volunteer with St. Charles Hospice as a companion guy for vets."

What should the members know about you that they don't? "I enjoy oil painting and since moving to Sisters have focused on the American West motifs" Check it out on his web site: [www.jimhorsley.net](http://www.jimhorsley.net).



# Meetings



## Program Speakers Schedule

### July

- 2 - President's Meeting
- 9 - Chuck Humphreys & Alan Unger -  
Black Butte to Sisters Trail
- 16 - Marvin Benson - Sisters  
Community Garden
- 23 - Sisters Food Bank

### August

- 6 - President's Meeting
- 13 - Chimps, Inc. by Shayla Scott
- 20 - Youth Sex Trafficking in Oregon  
Linda Harvey
- 27 - Gatekeeper program (COCOA -  
Central Oregon Council on Aging)  
Care for seniors and the disabled  
Dawn Kirkpatrick

(If you have program suggestions or ideas please contact **May Fan**, and thank her for all that she has scheduled for us.)

## Bicycling in Cambodia and Vietnam with May Fan

Our very own program chair **May Fan** made a last minute substitution when one of our scheduled speakers had to cancel at the last minute. And the new program was **May**, herself. She brought us some amazing pictures of a bicycling trip she made thru Cambodia and Vietnam. Her photos of a community that moves it self often on two wheels was amazing. Seeing entire families of 4 or 5 packed on one bike was amazing. She also told us about some of the food she was offered as she traveled. Some of the featured menus included insects,

rodents and snakes. As a physician, of course, she had to caution us on eating too much of this kind of fried food. Whew, thanks **May**, good advice.



## The IEE Program

Our sisters high school continues to surprise and inspire us with their innovation and programs they offer. Three of the faculty members came to share the program they are doing called the IEE (Interdisciplinary Environmental Expedition). In this non-traditional educational experience, students are provided an opportunity to learn about the environment in a "hands on" basis. Which includes outdoor wilderness activities that challenge their problem solving and team building capabilities. Thanks to **Samra Spear**,



**Rand Runco**, and **Glen Herron** for your extraordinary and innovative program and for sharing it with our club.

# Projects & Events



## 45 Units of Blood Collected

The quarterly Red Cross Blood Drive led by **Naomi Rowe** has logged another successful drive at the fire



hall with a crew of Kiwanians helping it work and donating. Above, **Earl Schroeder** logs his 11 gal pin, that's 88 units! As

anyone who has donated blood knows, **Shirley Lalli's** cookies are the high point of most peoples donations. And her production of those little booties, (she is always knitting something) have been finding new uses in some very unexpected places.



## FOOD BANK RESULTS

JUNE 2015

Families Served-88  
 Adults- 182 Children- 79  
 Food boxes valuing \$16,287  
 12 Kiwanis volunteers serving 130.5 hours.  
 12 Community volunteers serving 93 hours.

## Quilt Show Raffle Ticket sales even better than last year.

**Shauna Rocha** has done a flawless job of managing our quilt raffle ticket sales effort again this year. As most of you remember we staff the sales tables for selling the raffle tickets for several weeks leading up to the Quilt Show, and in return Kiwanis gets a share of the proceeds. Final results are not in yet but it looks like this year was better than last. Thank you **Shauna!**



# The Great Race



## BLACK BUTTE CHALLENGE RACE - RUN TO THE TOP

Our amazing **Suzy Ramsey** is at it again: taking our fund raising events to new heights, literally. As most of you know, when we discontinued our annual golf tournament event last year we were left with a big gap to fill in our fund raisers. **Suzy** and some of her associates, (being younger and fitter than many of us) thought that lots of people love to run for fun. But to be a good event it would have to be different somehow from all the other running activities out there already. Suddenly, in a fit of inspiration, she said lets have everyone run up to the top of Black Butte”. After an ominous period of silence, reflection, or disbelief, others began to say “sure”, “why not” “that would be FUN”. So here we go... presenting the first annual Black Butte Challenge 10K race, to the top of Black Butte, woohoo!

You can help it succeed!

RUN IT ! OK, it’s not for everyone.

PROMOTE IT ! Tell your more mobile friends about it. We need 200 runners, start looking for them.

WORK ON IT! It takes a lot of folks to manage the logistics of the event. Contact **Suzy** and signup to help.



*Run to the Top!*

**BLACK BUTTE**  
CHALLENGE

September 19, 2015



**10K race with 3,200 ft. of climb**

**REGISTRATION:** Sign up online at [ultrasignup.com](http://ultrasignup.com)  
<http://tinyurl.com/BlackButteChallenge>  
\$45 or \$60 after August 18<sup>th</sup>

**7:00AM check in at Black Butte Ranch,**  
**Runners will be shuttled to the race start and returned.**  
**After race BBQ and beer at Camp Sherman Store.**

SPONSORED BY:

**Bend Memorial Clinic, Therapeutic Associates,  
Deschutes Brewery, Ray’s Food Place, Sisters Athletic Club,  
Five Pine Lodge, Melvin’s, Tom Worcester Family Trust,  
Blazin’ Saddles, Sisters Dental Clinic, Cindy & Bill Rainey, The Nugget,  
RE/MAX Realty, Black Butte Ranch, Camp Sherman Store, The Center,  
Greg Everson DMD, GFP Enterprises Inc., Black Crater Clothing,  
Peterson Orthotic Labs, Life Flight Network Foundation.**

For further information contact Matt Kirchoff 541-647-7586

# Cowboys & Cowgirls



## President Dave turns the meeting into a party

To get us all rounded up and headed out for the Buckaroo Breakfast, Chief Wrangler **President Dave** asked us to get in touch with our inner cowboy/girl. Y E E - - H A W





# Join Us

Thursdays at Aspen Lakes Lodge -7:00 Coffee

## **Sisters Kiwanis We Celebrate Service!**

**We invite you to join us for coffee!**

**Thursdays at 7:00 AM**

**Meetings start at 7:30 AM      Aspen Lakes, Brand 33**

### **Our Sisters Kiwanis Purpose and Mission:**

The 77 members of the Sisters club take pride in a very real impact on our local community. Our club runs the food bank and has a massive food share event during the Christmas holidays. It supports fellow Sisters residents when emergency needs arise. It offers scholarships to many graduating seniors, and awards grants to dozens of organizations that have significant impact on the well-being of children and families.

The club also gives "opportunity grants" to many deserving adults in the community to help them better their position in life. Other service projects include: cleaning Sisters' highways, reading to children, improving our city's parks, sponsoring our scout troops, staffing Red Cross blood drives, collecting eye glasses and cell phones, arranging community presentations, maintaining an entrance sign to our city, teaching kids poison awareness and helping screen children for health problems.

**Discover more at:  
[www.SistersKiwanis.org](http://www.SistersKiwanis.org)**

**You can find membership forms and info at:  
<http://sisterskiwanis.org/join-us/>**

# Contact Us

Ask a Club Member  
to learn more about us



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**Fundraisers:**  
Roger Johnson  
**Youth Services:**  
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## ABOUT THE SISKIWAN

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